



Julie Bradshaw MBE

Hometown: **Loughborough, United Kingdom**
 Gender: **Female**

About Julie

Although I was involved in all sports from an early age, I had a passion and shone in long distance swimming. The cold and the increased distance suited me. My swim career began at the age of 13 when I entered the Cross Lake Windermere (1.5miles). In 1978 I swam the length of England' longest lake (10.5 miles) in 4 hours 38 minutes, a Junior Record. I also swam to a record on Morecambe Bay, UK the same year. In 1979 aged only 15 I successfully swam the English Channel solo in 10hrs 9mins a British Junior Record which still stands today. Between 1980 and 1982 I achieved more world records: 3 and 4 Way Windermere (31 and 42 miles) in 23 hours 17minutes and was the first female to swim these. I also represented England in the Windermere International. Although many people thought I had retired, hearing not much from or about me, I continued to swim for Loughborough University, UK in the late 80's and my mind was still set on more long distance feats. After a time as head swim coach in Canada, I came back to what I term the start of my BUTTERFLY era. In 1990 I swam Windermere being the first person ever to do it butterfly; more followed with Lake Coniston (1 & 2 Way 10.5 miles) and Ullswater (7.25 miles). Back in 1980 I had swam all 3 of these lakes in One Day. This was on frontcrawl however, as were all my 'early' years swims and records. In 2002 I swam the English Channel solo using the butterfly stroke and broke the existing world record by over 9 hours in 14 hrs 18 minutes. Since then, I have organised and swam in many record breaking relay swims: 2001 Fastest British Ladies One way; 2004 First ever Ladies Triple English Channel; 2005 Triple Loch Ness; 2007 Lough Erne, Ireland (both Loughs including the waterway way); in 2009 we did Triple Lake Taupo (over 120kms), New Zealand an idea that I had formed after our Triple Chanel swim in 2004; recently Sept 2010 I made my 19th WR with an inaugural Medley Relay swim of the English Channel in a time of 1hrs 29 minutes. I did the butterfly section. Throughout my swimming career I have raised thousands for charity and in 2006 was awarded an MBE in the Queens Honours list for 'Services to Swimming and Charity.' The same year, Loughborough University conferred upon me an Honorary Doctorate for the same. Other prestigious awards I have either received or been nominated for include the Sunday Times Women's Inspiration Award in 2004. In 2007 I was inducted into the IMSHOF in Fort Lauderdale, USA. I continue to participate actively whilst helping other swimmers along the way. I am Secretary of the Channel Swimming Association (CSA Ltd) www.channelswimmingassociation.com In addition, I run my own business Get Set 4 Success. I am a Motivational Speaker, Trainer, Coach and Therapist and I expand people's potential in many contexts including Business, Sport, Education and Therapy. For details of all my swimming and much more, please visit my website www.getset4success.co.uk Previous Bio — The Manhattan Island Marathon Swim is one of the most challenging open water swims in the world, but apparently it's not challenging enough for Julie Bradshaw. So she's upping the ante by trying to become the first swimmer to complete the entire race using the butterfly stroke. Julie has already completed several open water swims using just butterfly, including the English Channel in 1992, where she set the record for the fastest butterfly crossing in 14:18 — over 9 hours faster than the previous record.

Julie's not the first person to attempt MIMS using just fly; Charlie "The Tuna" Chapman tried it in 1988, but had to resort to other strokes in order to finish the race.

Swim Enrollments

Event	Date	Status	Dist	Charity (Total Raised)	Action	Comments
Manhattan Island Relays +1	07/16/11		28.5 M	Donate Now!	See Timeline	

Swim History

Event	Date	Time	Dist	Place	Charity (Total Raised)	Comments
Manhattan Island Marathon Swim	07/09/05		28.5 M		\$500.00	

Swim History (Non-NYCSWIM Events)

Event	Date	Time	Dist	Place	Location	Type
English Channel	07/19/02	14:18:00	22.00 M			Swim:Marathon
English Channel		10:09:00				Swim:Marathon

National/International Swim Competition History

Name	Date	Time	Distance	Place	City	US State	Country
Windermere International	08/04/80	00:08:35:00	25km	8th	Windermere		United Kingdom